

### **News & Updates**

Welcome to August at Imagine Fitness and Yoga! Where is summer going so fast? Stay tuned for new class offerings soon as we finalize new fall schedule!

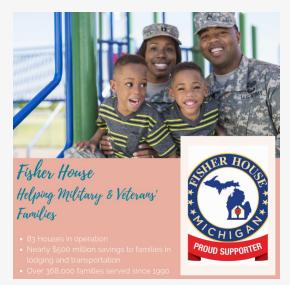
### **Coming Up at Imagine:**

- Imagine sponsors UMS 2019-2020 opening performance Sept. 8th
- New Schedule of Class for Fall Sept. 9
- Open House to benefit <u>Fisher House</u> <u>Sept. 14</u>



## Open House on Sept. 14 Will Benefit Fisher House

We have several awesome classes planned for the Imagine Fitness and Yoga Open House on Saturday, Sept. 14. A highlight will be a yoga class taught be Bernadette Soler, a military spouse who has developed special yoga classes for many different groups of people, including military personnel and their families. Do you have a story to share? Let us know at imagine@imaginefitnessandyoga.com



More Events coming this fall!

Thank you to everyone who joined our happy Happy Hour Vino and Vin class, a wonderful time for personal attention in Yoga and a great gathering afterwards.

This fall will showcase a Partner Yoga Happy Hour! Date and details to follow, scheduling in mid-October.



**IMAGINE** is built on community; a community of clients, friends, and instructors. Community support is the greatest motivator to keep you engaged in your fitness journey.

This fall IMAGINE'S schedule will be packed with 40 classes/week! Not sure which class is "your fit"? Just ask! We are fortunate to have a very dedicated and talented group of instructors to support and guide you in your fitness program. Email jackiefarah09@gmail.com for recommendations, guidance or just chat about your questions.



# IMAGINE sponsoring opening concert for the 2019/2020 UMS Season

Ann Arbor is a very special community and at **IMAGINE**, we feel strongly about supporting the organizations in our community that add to the vibrancy of Ann Arbor.

**UMS** is an amazing organization enriching the community through performance arts. **IMAGINE** is proud to sponsor of the 2019/2020 season kick off performance of

#### **Snarky Puppy**

Hill Auditorium Sunday, September 8th Hope to see you there!

Check them out on You Tube!



### What's Happening at Imagine? There's a Page for that...

Keep up to date on all of the activities at the Imagine Fitness & Yoga studio and special events soon to come by visiting the **Events & Happenings page** on our website.

Thank you for reading. You make Imagine Fitness and Yoga a special place! Share our newsletter with friends to let them know all that's happening here!







